



# Newsletter

Hello Blue Grass Parents and Guardians,

I wanted to let you know what has been going on and what is to come in your child's future guidance lessons. Every year we focus on three main domains: Academic Development, Social and Emotional Development, and College and Career Readiness. You can find a list of all the curriculum standards and a class lesson overview at this website: <https://www.knoxschools.org/Page/23979>

Starting out the year in the Social and Emotional domain, during the month of September we talked about Personal Safety, also known as Erin's Law, in all grade-levels. This is part of the School Counseling Curriculum that covers the TN School Counseling Standards SS2 and SS5. For a description of each standard, please refer back to the TN Standards link on the school counseling website.

Then we focused on Academic Development during the months of October and November. Each grade-level had their own set of standards that they focused on. Here is a list of topics with the standards we completed in each grade.

- Kindergarten – Appropriate Positive Behaviors with Peers and Adults at School (AA5, AA2, AS5)
- 1<sup>st</sup> Grade – Decision Making (AS3, AS4, AS7)
- 2<sup>nd</sup> Grade – Goal Setting (AS6, AS1, AA3)
- 3<sup>rd</sup> Grade – My Future (AA5, AA1, AS2)
- 4<sup>th</sup> Grade – What's Your Mindset (AA2, AA4, AS6)
- 5<sup>th</sup> Grade – Goals are a Game Plan for Achievement (AA3, AS4, AS7)

Now, we switch back to the Social and Emotional domain before winter break which will last until the 2<sup>nd</sup> week of January.

- Kindergarten – Friendships (SA2, SE4, SK2, SK3)
- 1<sup>st</sup> Grade – Cross Cultural Friendships (SS3, SS4, SA3, SA4)
- 2<sup>nd</sup> Grade – Perseverance (SS6, SS7, SS8)
- 3<sup>rd</sup> Grade – Peer Pressure (SS1, SK2, SA1, SE3)
- 4<sup>th</sup> Grade – Respect and Caring about Diversity (SA3, SK3, SS3, SS4)
- 5<sup>th</sup> Grade – APB with Peers and Adults at School (SE4, SS6, SS9, SS10)

I hope everyone is doing well and had a relaxing break. If your child is having social/emotional issues that you would like me to address, please let me know through one of these options:

1. Use this link to make a referral to the school counselor: <https://forms.gle/pchbo8QLDL2XPhZq9>
2. Email me at [anthony.reda@knoxschools.org](mailto:anthony.reda@knoxschools.org)
3. Call the school and ask to talk to the school counselor

One last thing, if you would like for your child to be in one of these small groups, please let me know that you are interested. I will be forming these groups in the coming weeks.

- Divorce Group
- Friendship/Making Friends Group
- Anxiety Group

Take Care,  
Mr. Reda  
BGES School Counselor